
OUR CHURCH PAPER

May-June 2019

Vol. 28 No. 3

A Resurrection Mindset is a Growth Mindset!

“Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his.”
Romans 6:3-5

“So that, as Christ was raised from the dead...we too might walk in newness of life.”

That’s a Growth Mindset! That’s a Resurrection Mindset!

We’ve been talking this year about the concept of a growth mindset developed by Dr. Carol Dweck and adopted by schools and educators to inform how they reach and teach students.

Dr. Dweck makes the distinction between a “fixed” and “growth” mindset which we each carry. In a fixed mindset, people believe their basic gifts, qualities, and talents, are concrete absolutes. One believes they are either “smart” or they are not. You are either good at math, or you’re not.

The Growth Mindset holds that with effort and experience a person can learn and develop gifts, talents, and new skills. The growth mindset embraces failures as a step on a path to learning, and encourages resilience which in turn creates a love for learning.

The disciples, just days after the crucifixion, had a fixed mindset. They believed Jesus was dead. They assumed the Judeans and the Sanhedrin Council wanted them dead as well. They thought the movement of the Way of Jesus of Nazareth was over. Their love had turned stone cold.

Until Jesus entered that locked room and breathed on them with the Holy Spirit. Until Jesus met the disciples on the beach, and shared in a grilled fish breakfast, and called Peter to love three times, through the feeding of the flock.

To be baptized, to walk in the way of Jesus, is to remember the resurrection every day, and allow the promise (and reality) of new life to shape our future.



HOLY TRINITY
BUFFALO

A Resurrection Mindset is a Growth Mindset cont.

After the resurrection, Jesus does not allow the disciples to concern themselves with what was, or what had taken place; Jesus points the apostles forward. Jesus goes on ahead of them, first to Galilee, and then through the ascension, and encourages his followers to keep moving forward as well.

The Resurrection Mindset is a Growth Mindset – we are constantly being made new, moving forward into the future. I can't wait to see signs of God's new life in you!

That's My View from Here,

Pastor Lee



A Word from Pastor Brenda

In her poem, *Still I Rise*, Maya Angelou writes,

You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.

Does my sassiness upset you?
Why are you beset with gloom?
'Cause I walk like I've got oil wells
Pumping in my living room.

Over the past few months, the Monday Morning Bible Study has been studying various women of the Bible, from the Old Testament to the New Testament. We have explored the Who, What, When, Where, and Why of these women's stories. We learned about each of their stories, how God makes use of these women in God's story and how God's story is then woven into their stories.

We noted that God can use anyone, even those that we deem least of all. Many of the women we read about aren't of the ancient Israelite tribes, like Hagar the Egyptian slave girl. Women who were not believers in Jesus, like Jairus, one of the leaders of the synagogue, and his daughter. We observed that God uses women in extraordinary ways in bringing about the good news of what and who God is to all people.

In the story of Mary Magdalene, we learn that when the disciples are off in hiding for fear of their lives, the women stay close to Jesus through his arrest, trial, crucifixion, death and ultimately his resurrection. That the women are the first to learn of, to experience the resurrection of Jesus, they are the ones who then run to the disciples to tell that they have seen the Risen Lord!

A Word from Pastor Brenda cont.

And while we focused on women of the Bible, we also noted that God uses other voices that aren't the predominant voices heard. As noted on Easter, Otis Moss III, states that "when we only hear 50% of humanity speaking, we only hear half the Gospel."

It makes me wonder what the church, what the world would be like if we, not only listened, but gave space for these other voices to be heard. It makes me wonder what we might be able to glean from these voices that speak more fully to who God is in our world today, how God loves and what that love and grace means for us.

As we heard on Easter morning, we all have a story to tell and we all have stories we want heard. Are there stories you are missing; voices you wish you heard? What would it look like to seek out these different voices and stories, how might your faith be enriched?

Paul writes to the Galatians that in Christ there is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus.

Did you want to see me broken?
Bowed head and lowered eyes?
Shoulders falling down like teardrops,
Weakened by my soulful cries?

Does my haughtiness offend you?
Don't you take it awful hard
'Cause I laugh like I've gold mines
Diggin' in my own backyard.

You may shoot me with your words,
You may cut me your eyes,
You may kill me with your hatefulness,
But still, like air, I'll rise.

Maya Angelou, *Still I Rise*



Plant Sale Pick-Up

Pick-up for the Plant Sale is Saturday, May 18 between 10:30 and noon. Come early and help plant the church grounds! Many thanks to everyone who helped support the LYO!



Why do we worship?

A Newsletter series in six parts.

Why do we worship? Why do we do what we do in worship? This series seeks to share our traditions and rites and to delve deeper into the significance of our sacraments. Our Mission Directive reads: Gathered into One by the Holy Spirit we *center our lives in Worship, Grow in faith, and Go out into the world* to love like Jesus, in word and action. In these articles we will highlight the ways and means that God is made known to us in our worship.

Part V – The Great Thanksgiving

Holy Communion. The Lord's Supper. Eucharist. The Great Thanksgiving. All are apt titles for the meal we share at the table.

At the table ancient Israelites prayed over bread and cup. Dr. Gordon Lathrop, former Liturgy professor at the Lutheran Theological Seminary in Philadelphia, writes, "Insofar as the content of their prayers can be established, it is clear that they begged the coming of God's dominion...The very table itself, the shared food, the shared cup, the participants, their actual daily bread, may have been regarded as signs of the God who was proclaimed and expected. For some, the meal itself was a foretaste of the feast that God would spread."¹

In the sacrament of Holy Communion God comes near, promising to present in the bread and in the wine, ordinary gifts made extraordinary by the Word of God. In the Eucharist we have the experience of giving God thanks and praise even as God extends reconciliation through the forgiveness of our sin.

We partake in this Holy Meal each Lord's day remembering the words of the apostle, Paul, "For as often as you eat this bread and drink this cup, you proclaim the Lord's death until he comes." (1 Cor. 11:26)

In this meal a little bit of bread is put out, and we each eat small pieces. Wine is also set, but while we choose to dip our bread (or intinct) other communities will pour small glasses, and others will take tiny sips from the cup. In the breaking of the bread, and the sharing of the wine, another point is being made.

This meal is for everyone. This bread and cup are for outsiders. There is always room at the table. There is a place for you here, and a place for our neighbors. Dr. Lathrop writes, "The deepest movement of the eucharist is not toward the sustenance of the few holy insiders: it is toward all people, toward the limits of the *oikoumene*, the "household earth."²

Thanks be to God who welcomes us to the Table with open arms; that we too might join in the Great Thanksgiving.

Remember, there is a place for you at the table!

¹ Gordon W. Lathrop, *Holy Things: A Liturgical Theology* (Minneapolis: Fortress Press, 1997) 23.

² *Ibid.* 216.



JOYFUL NOISE YEAR-END RECITAL



When

**MAY 14, 2019
5:30 PM**

**WE HOPE THAT YOU WILL BE ABLE
TO JOIN US IN CELEBRATING THE
ACCOMPLISHMENTS OF OUR
STUDENTS!**

Joyful Noise is winding down its year and we would like to extend an invitation to join us as we celebrate the accomplishments of our students! We will be hosting an end of year recital to showcase the work the students have achieved throughout the year. Our students have been working hard to put on a great recital.

Stewardship Corner

*"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind."
This is the greatest and first commandment. And a second is like it: 'You shall love your
neighbor as your self.'" Matthew 22:37-39*



This is our Spring newsletter and therefore I promise you that warmer weather is on its way! I hope you had a spiritually rewarding Lenten journey. Besides facing the intense desire and cravings that surface when we forgo certain foods for 40 days, I attended Pastor Lee's Catechism class and have a new appreciation for how refreshing and life-transforming Luther's view of our faith is.

As my favorite radio station always tells me during the yearly fundraisers: "We are able to bring you the great programming you rely on because of *your* generosity. We could not do it without you." At Holy Trinity we bring you among many other programs, great teaching, great music, great fellowship, great opportunities to care for others and to let others care for us. I thank all of you for your continued generous support! It is much appreciated!

I am also very thankful to our Treasurer, Emily Notari, who can usually be found at the 8:30am service, for outstanding reporting on the financial aspects of our faith family. Not only is Emily able to skillfully explain where our income originates and where it is applied to, she also has considerable talent in describing trends in attendance and giving. Transforming numbers into pictures greatly facilitates finding areas that could be improved upon. If you have not seen her monthly summary statement, I encourage you to take a look. It is posted on the Council Board, which can be found at the bottom of the steps leading down to Redeemer Hall near the bathrooms. No worries if you are not a 'numbers' person and if the idea of looking at financial reports makes you rather want to start an exercise program or learn Chinese, I promise you that Emily's pictures are easy to understand and colorful on top of it!

For me, the most striking 'take-home-message' that Emily shared was the chart detailing the 2018 Member Gifts. Without going into too much detail, what struck me was that *the gifts from 32 of us accounted for almost 50% and the gifts from 85 of us accounted for only 5%* of the all money generously given, with the remainder spread between 101 of us. Based on this message I will include the following in my prayers:

Stewardship Corner

- * that all of us would search our hearts and contemplate how much Holy Trinity means to us, why we seek out our community and whether that would justify a small increase (e.g. \$ 2) in giving every Sunday
- * that the 32 would remain with us for a long, long time

I appreciate that giving does not come easily, especially in tight economic circumstances. Giving on a regular basis and increasing my pledge yearly was initially quite difficult. There was no 'tangible' return - only feelings that were generated at every Sunday service: joy, hope, happiness, thanksgiving, absorption into sacred sounds, mutual caring among my church friends, feeling 'recharged' and ready for the work week. At that time however, even though my budget was tight, I did treat my family to a pizza or we went out to dinner once a week. During one of the stewardship talks, skillfully delivered by Ron or Donna Leiser, my soul spoke up, and I decided to forgo the weekly pizza/dinner so that I could increase what I put into God's hands instead. And the rest, as the saying goes, is history: I am now on a regular giving schedule, aided by modern technology, and a yearly increase is a given. And believe me - I have never been in a place where I did not have all the necessities of life. I give to God first and I feel that God has been taking very good care of me!

As always, I would appreciate your thoughts / ideas on Stewardship and would be glad to answer any questions. I can be reached at ucarlino@buffalo.edu. I am looking forward to seeing you in church!

***Yours in Christ,
Uli MacDonald***



LCLC

May is Camp Month!!! LCLC and Holy Trinity want youth to experience what camp is all about! This year LCLC is piloting a new ambassador program to help raise awareness and interest in Lutheran Outdoor Ministries and just what LCLC programming can offer. Along with this new programming, comes some new discounts for campers, like a 50% off sale, or Bring a Friend to Camp Sale!!! Kurt Schle Witt, Program Director of LCLC, will be joining us on Sunday, May 12 for a Ministry Moment during the 10:30 service to introduce us to LCLC and some of these new discounts! If you would like more information on LCLC or how to register in order to take advantage of these amazing discounts please see Pastor Brenda.

Lake Chautauqua Lutheran Center

Summer Camp Open House

May 18, 2019, 10:00-3:00pm

Free Event: *Rain or Shine!*

Join us for a day of FUN that highlights everything Summer Camp has to offer!

Summer Camp Open House Includes:

- Staff Led Camp Tours
- Crafts
- Archery
- Tree Fort
- Free Lunch
- Low-Ropes Course
- Q & A with our Directors
- Camp Games: GaGa Ball, 9-Square & More!



Bring the family, invite a friend, and come and see what makes LCLC so special! There will be special Summer Camp discounts available for First-time campers* and returning campers who bring friends that are NEW* to LCLC! You won't want to miss out on this chance to play, pray and save!

*New & First-time campers are children who have never attended an LCLC Summer program before. No other discounts can be applied.



LCLC
Lake Chautauqua Lutheran Center



l.c.l.c



Lake Chautauqua
Lutheran Center



Call (716) 386-4125 to RSVP before May 10, 2019

5013 Rt. 430, Bemus Point, NY 14712 * Phone (716) 386-4125 * Fax (716) 386-5714 * LCLCenter.org

A Day in the Life

Membership News

Special Birthdays

Below is a list of our members whose birthdays are in May and June and are in nursing homes or homebound. We have included addresses if you would like to pass along a birthday message to them. Also, if you know of a member whose birthday we may have missed, please call the church office.

May 18 Joan Limburg
 5953 Broadway
 Apt 218
 Lancaster, NY 14086

Baptisms

April 28, 2019 Donald William Greenough and Joy Vera-Ann Greenough

Communion Celebration

Congratulations go to Madison Day who joined in the Communion Celebration on Sunday, March 31.

Deceased

Our recently departed family and friends
April 9, 2019 Kenneth James

"Blessed are those who die in the name of the Lord. Amen."



School 17 Partnership

This winter Holy Trinity donated countless coats, hats, mittens and sweatshirts to the wonderful children of PS 17 Early Childhood Center. Your gifts were drawn upon DAILY over the winter months, keeping many youngsters safe and warm. Way to go, HT! Thank you for your unwavering generosity.

Now that Spring is (finally) in the air, we are looking towards the end of the school year. Holy Trinity will be providing refreshments during the moving up ceremonies in June. To volunteer for this opportunity, please contact the church office.

Announcing Another H.T. Players Production!

Are you interested in acting in or working behind the scenes of a theater production? “The H.T. Players,” Holy Trinity’s own community theater company, has an opportunity for you! In the fall of 2019, the Players will stage “The Mystery of the Manger Bed,” a new play written and directed by Marty Bauer.

“The Mystery of the Manger Bed,” a gentle Christmas comedy-drama for the whole family takes place in the small Finger Lakes town of Oak Grove, New York. The story is narrated by Tom and Molly Chalmers, a retired couple who are long-time residents of the town. Tom encounters a shy middle-aged man who is determined to spread kindness around Oak Grove. Meanwhile, Molly is presented with a new challenge in her life when she’s asked to direct her Lutheran Church’s annual Christmas Pageant. During a dress rehearsal of the presentation, a manger bed that the church has used for many years is broken. With two days until the pageant goes up, Tom and Molly set out to find a new bed for the baby Jesus.

“The Mystery of the Manger Bed” involves a cast of ten characters—five adult men and five adult women. The play will be staged in a style known as reader’s theater. In this way of giving a performance, the actors will do a reading of the play. Line memorization is not required—just a strong and comfortable familiarity with the dialogue. The play will require rehearsing once a week. World premiere performances of the play will take place at Holy Trinity in the fall of 2019.

If you’re interested in finding out more about “The Mystery of the Manger Bed,” there will be a meeting for both cast and crew on Sunday June 23, 2019 at 12 noon in the Fellowship Room next to the chapel. During the meeting there will be an information session about the production and a reading of the play. Auditions will take place as a part of the reading.

For more information about the play, please contact Marty Bauer. Speak to Marty before or after the 10:30 church service or give him a call at 636-5798.



When I Was Your Age to Kids These Days!

Join us for a cross-generational day of learning on Saturday, May 11 from 10am to 2pm. Two workshops will focus on the cultural shifts and generational differences over the past 60 years, as well as how the use of cell phones affect us physically, mentally, and emotionally. Pastor Brenda will lead us through the cultural shifts and generational differences and we welcome Kurt Schlewitt, Program Director of LCLC, who will discuss the ways cell phone use affect us physically, mentally, and emotionally. All are welcome! Please call the church office no later than May 8 at 886-2400 to make your reservation. See Barb Wozniak or Pastor Brenda with any questions.

Fellowship and Hospitality

The Fellowship and Hospitality Committee sends a big thanks to all those who provided dishes and help for the Easter breakfast. It was great to see all those that came to share with our faith community that wonderful repast.

Now we move into May and June with a reminder that “planting day” will take place on Saturday, May 18th. This is the day that plants ordered from the youth group are picked up at 10:30 a.m. The beautification of the church campus will start that day at 9:00 a.m. As always, we need help from the congregation. A lunch will be served for those that participate. Please join us for some good fellowship and fun.

To enable you to plan ahead, the committee announces two summer events.

The annual Holy Trinity golf tournament will be held at Tan Tara Country Club on Monday, July 29. More info to come.

On Sunday, August 11 you are invited to attend an Irish Music Cruise on the Erie Canal with music provided by “Rosewood Bridge”. Our own Jim Dunnigan is a member of the group. Tickets will be available at church. Stay tuned for further information.

Check the Holy Trinity web site any time.



Food Pantry Team Update

First, a thankful shout out to Earl Kunz for all his help as part of the team. He was our main “go to” guy for moving food from the basement to the pantry shelves on the first and third Tuesdays of each month. His recent retirement from the team presented a volunteer need. I am happy to announce that we have been blessed with a new member. Tracee Howard will be helping every Tuesday from 10 am -12 noon. She expressed really being glad she could be a part of the Faith in Action outreach of Holy Trinity and we are also grateful that she can serve in this way.

Regarding donations: For the NRC Pantry - Please continue to support with cans of fruits, vegetables, pasta, sauces, canned meats and all the varieties of those canned meals. Flip tops are best. Please make sure items have not expired.

Bags for our Pastors to distribute, include above food items but we also pack and therefore need the following additional items. If you are able to donate toothpaste, toothbrushes, hand sanitizer, and personal care products, they will be most gratefully received.

Thank you to all who provide support to this ministry!

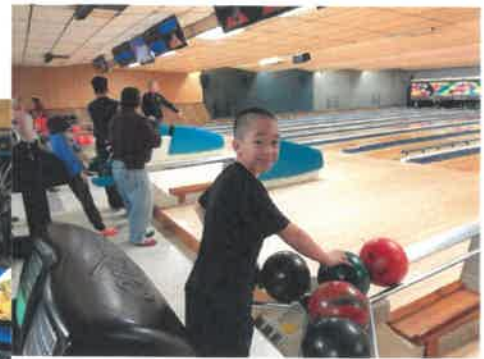


CHRISTIAN EDUCATION

Susan Bundt

We have been busy!!!!!!

On March 24th, the Sunday School families and LYO members went bowling. We met at Manor Lanes in Tonawanda and had a blast learning new skills and brushing up on old ones. It was a great chance for friends to get together outside of Sunday school and just have fun!



On April 5th, we held a family game night in fellowship room. We gathered together for pizza, wings, and cookies and enjoyed a variety of board games. Families were encouraged to bring their favorite games to share and we all had a great time playing.





We held “Welcome to the Table” classes in March for those children ready to deepen their understanding of Communion. Three children participated in the classes which included painting their own chalice. We welcomed Maddison Day to the table on March 31st.



On April 15th, we came together as family and friends to share the Haggadah, the story and prayers which commemorates the Israelite's exodus from Egypt. This seder has become an interactive Holy Week tradition for all ages and we have grown in size every year. More than 50 people joined us for prayer, song, fellowship and a fish dinner.



FAITH IN ACTION

A *Faith in Action Fair* is being planned for Sunday, May 5 after each of the worship services. This event will showcase the council committees and other organizations of the church that are available for you to share your talents. It will give you an opportunity to discuss the ministry of the group with the current members.

Members of the FIA committee will provide a reception for pre-k and kindergarten graduation ceremonies at ECC P.S. #17 in June. If you would like to be a part of this event, see Heather Miller.

SAVE THE DATE: "God's Work, Our Hands Sunday" will be held on September 8, 2019. More information will be made available in upcoming issues of the church paper and in the bulletins.

Clothesline Project 2018-19

Shared by Linda Schmidt

Sometimes it is hard to imagine how a small contribution towards a good cause can make a difference. This is so true for our clothesline on Main Street. When hanging items each week, Dave and I have been approached by passersby asking what we are doing and why we do this. We share with them the generosity of our congregation and hopefully, make them feel comfortable in taking whatever they or someone they know can use.

Beginning on Sunday, October 14th and lasting through Sunday, March 17th, 604 hats, gloves, scarves, socks and a few tee-shirts were placed on the clothesline in front of the church. Each Sunday, 20 plastic bags were clipped there with an enclosed note wishing the taker comfort and warmth.

These items were given many ways. Often, a bag of one or two hats or gloves would be placed in the boxes available in the church narthexes. Numerous scarves and hats were knitted and crocheted as a way to share the gifts God has given the creators of these items. Zachary Flynn, one of our Sunday School members, made 20 fleece scarves for a scouting project. I discovered that the Salvation Army store on Niagara Falls Blvd. has all items on Wednesdays for 50% off. It's a great way to get hats and scarves inexpensively that, when washed, are as good as new. Cash donations have been used for these items and also to purchase the plastic bags we use to protect them from our wonderful Buffalo weather.

However you have contributed is greatly appreciated. We have maintained this project for three winters now and hope, that with the continued support of so many of our members, we can do so for many years to come. We will thankfully accept your donations throughout the months ahead as we prepare for the 2019-2020 winter season.



HT Needlers will be gathering in the Fellowship Room on Tuesday, May 7 and June 4 at 5:30pm. We begin with a “bring your own” dinner and fellowship, followed by discussion of an article from GATHER magazine and a brief meeting to discuss upcoming programs and needs of the various ministries we support. Please join us if you are able!

Here’s a list of ongoing projects and ministries in which you may be interested in participating:

- Mastectomy pillows: designed to bring warmth to the sore and aching muscles after surgery or during radiation treatments. Please contact Karen Howard for more information.
- Making “chemo caps” for the American Cancer Society. All sizes are needed but should be made with soft acrylic yarn. Questions about this project should be directed to Karen Howard.
- Prayer shawls continue to be made and distributed to members and friends in the community. If you would like a shawl for someone in need, please contact: Ruth Schmidt, Elizabeth Vihnanek or the church office.
- Cardmaking ministry offers handmade greeting cards. They are available on the tables outside the entrance to the sanctuary. This ministry is lead by Angie Bavaro.

The Upstate New York Synod Women of ELCA will be holding their biennial convention October 4-6, 2019. It will be held at the Notre Dame Retreat Center, Canandaigua, NY. Further information will be posted on bulletin boards as it becomes available. If you are interested in learning more, contact Barb Wozniak. There is funding available for a delegate and first timer.



Paint the Haitian Sunset

Please join us in Redeemer Hall on Friday, June 7 from 7-9 pm for an evening of creative FUNdraising in support of HT's Haiti Mission Team!! Admission is \$40 per person, and half of all proceeds will go directly to the needs of our friends in Haiti. All supplies and instruction are provided, and no experience is necessary. There will be wine, cheese, and snacks! Space is limited, so contact the church office to reserve your spot.



Our Church Paper

Editor: Linda Lipczynski

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Justin Pomietlarz, Choirmaster

Linda Lipczynski, Office Manager

Carol Littlefield, Parish Accountant

Judy Reifsteck, Faith Community Nurse

John Busch, Director of Buildings and Grounds

Charles Ryniec, Steward of Buildings and Grounds

Nursing Homes: Making the Right Choice (Part Two)

DO NURSING HOMES HAVE TO MEET STANDARDS?

The Centers for Medicare and Medicaid Services (CMS) asks each state to inspect any nursing home that gets money from the government. Nursing homes that do not pass inspection are not certified. Ask to see the current inspection report and certification of nursing homes you are thinking about. Visit www.medicare.gov for more information.

PAYING FOR NURSING HOME CARE

MEDICAID. This is a state/federal program that provides health benefits to some people with low incomes. Contact your county family services department to see if you qualify. Once you have met the requirements of your Medicaid program, it can take up to 90 days to be approved.

PRIVATE PAY. Some people pay for long-term care with their own savings for as long as possible, they may also get help from Medicaid. If you think you may need to apply for Medicaid at some point, make sure the nursing home accepts it. Not all homes do.

LONG-TERM CARE INSURANCE. Some people buy private long-term care insurance. It may pay part of the costs for a nursing home or other long term care. This type of insurance is sold by many different companies and benefits vary widely. Look carefully at several policies before making a choice.

Many people believe Medicare will pay for long stays in a nursing home, but it does not. For example, Medicare will only cover the first 100 days in a skilled nursing home for someone who needs special care after leaving the hospital. State/federal Medicaid programs may pay for long term nursing home care, but there are rules about qualifying. It is best to check with Medicare, Medicaid and any private insurance company to find out the current rules. The rules are constantly changing in many states.

When thinking about costs, keep in mind that there can be extra out-of-pocket charges for some supplies or personal care, like hair appointments that are out of routine care.

RESOURCES THAT CAN HELP

The rules about programs and benefits for nursing homes can change. Medicare has some helpful resources online. Visit www.medicare.gov for information about different care options. To learn more about the Medicaid program, see www.cms.hhs.gov/home/medicaid.asp.

You can find nursing homes in your area that are approved by the Centers for Medicare & Medicaid Services by visiting the Medicare website. You can also see summaries of recent inspection reports. Visit Nursing Home Compare at www.medicare.gov/NHCompare. The Nursing Home checklist at the same website is a good guide to use when thinking about choosing a nursing home.

Many states have State Health Insurance Counseling and Assistance Programs (SHIP). These programs can help you choose the health insurance that is right for you and your family. Visit www.medicare.gov/Nursing/Payment.asp.

Nursing Homes: Making the Right Choice (Part Two) cont.

Each state also has a Long Term Care Ombudsman office that helps people learn about long term care. Your local office may be able to help to answer general questions about specific nursing homes. Also, once you are living in a nursing home, the Ombudsman can help solve problems you may have with a facility. The National Long-Term Care Ombudsman Resource Center has more information. Visit www.ltombudsman.org.

A veteran in need of long-term care might be able to get help through the Department of Veterans Affairs (VA). Visit www.va.gov or call 1 877-222-8387. You can also contact the VA Medical Center near you.

FOR MORE INFORMATION

Here are some helpful resources:

AARP

601 E Street, NW
Washington, DC 20049
1888-687-2277 (toll free)
18774347598(TTY)/toll-free)
www.aarp.org

AMERICAN ASSOCIATION OF HOMES AND SERVICES FOR THE AGING

2519 Connecticut Avenue, NW
Washington, DC 20008
1-202-783-2242
www.aahsa.org

AMERICAN HEALTH CARE ASSOCIATION

1201 L Street, NW
Washington, DC 20005
1-202-842-4444
www.ahca.org


CENTERS FOR MEDICARE & MEDICAID SERVICES

7500 Security Boulevard
Baltimore MD 2144-1850
1-800-633-4227 (toll free)
www.medicare.gov


I hope this information has been helpful to you and your family. This information came from the National Institute on aging. Thank you so much for being your Faith Community Nurse.

Judy Reifsteck

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			1 7:30 Brewed Faith 2:45 Leadership Buffalo event 6:00 BNYC rehearsal 6:30 Wednesday Evening Worship	2 7:00 AA/AL-ANON	3 6:00 Lutheran Charities Dinner at Greenfields	4
5 Third Sunday of Easter 8:30 Service of Holy Communion 9:30 Faith in Action Fair 10:30 Service of Holy Communion w/baptism 10:30 Sunday School/Nursery 11:45 Coffee Hour	6 9:30 Bible Study 11:15 Worship Meeting 6:00 Finance Meeting	7 3:30 Joyful Noise After School Program 5:30 WELCA/ Needlers 6:30 Community Music Rehearsal	8 10:00 Staff Meeting 6:00 BNYC rehearsal 6:30 Wednesday Evening Worship	9 6:00 Chapel Choir 7:00 Chancel Choir 7:00 AA/AL-ANON -----	10 -----Confirmation	11 Retreat ----- 10:00 Advocacy Event
12 Fourth Sunday of Easter <i>Happy Mother's Day</i> 8:30 Service of Holy Communion 10:30 Sunday School/Nursery 10:30 Service of Holy Communion 11:45 Coffee Hour 2:30 Worship to Go at Wedgewood	13 9:30 Bible Study	14 12:00 Women at the Well 3:30 Joyful Noise After School Program 5:30 Joyful Noise Recital 6:30 Woman's Bible Study 6:30 Community Music Rehearsal -----	15 5:00 BNYC rehearsal 6:30 Wednesday Evening Worship	16 6:00 Chapel Choir 7:00 Chancel Choir 7:00 AA/AL-ANON	17	18 9:00 Fellowship Group work day 10:30 LYO Plant sale pick up
19 Fifth Sunday of Easter 8:30 Service of Holy Communion w/Chapel Choir 9:30 Sunday Forum 10:30 Service of Holy Communion w/baptism 11:45 Coffee Hour 2:30 Worship to Go at Wedgewood 4:00 Buffalo Niagara Youth Chorus Concert	20 9:30 Bible Study party	21 6:00 Executive Meeting 6:30 Community Music Rehearsal	22 10:00 Staff Meeting 4:30 BNYC auditions 6:30 Wednesday Evening Worship	23 7:00 AA/AL-ANON	24	25
26 <i>Happy Birthday Nurse Judy</i> Sixth Sunday of Easter 8:30 Service of Holy Communion 10:30 Sunday School/Nursery 10:30 Service of Holy Communion	27 <i>Memorial Day</i> CHURCH OFFICE CLOSED	28 6:00 Council w/Confirmands 6:30 Community Music Rehearsal	29 5:30 Community Dinner 6:00 Vocals Rehearsal 6:30 Wednesday Evening Worship	30 7:00 Chancel Choir 7:00 AA/AL-ANON ----- SYNOD	31 ASSEMBLY -----	

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Seventh Sunday of Easter 8:30 Service of Holy Communion 10:30 Service of Holy Communion/new members received 10:30 Sunday School/Nursery 11:45 Coffee Hour 4:00 Vocalis Concert						1 10:00 Vocalis Rehearsal SYNOD ASSEMBLY
2 Day of Pentecost 8:30 Service of Holy Communion 10:30 Service of Holy Communion w/Confirmation 10:30 Sunday School/Nursery 11:45 Coffee Hour 2:30 Worship to Go at Wedgewood	3 5:30 WELCA/Needlers 7:00 Personnel Meeting at the Day's	4 7:30 Brewed Faith	5 6:00 Chapel Choir 7:00 Chancel Choir 7:00 AA/AL-ANON	6 6:30 Haiti Paint Night		8 9:00 Genealogy LYO Allentown Parking Fundraiser
9 LYO Allentown parking fundraiser The Holy Trinity Happy Father's Day 8:30 Service of Holy Communion w/Chapel Choir 10:30 Service of Holy Communion 10:30 Sunday School/Nursery 11:45 Coffee Hour 2:30 Worship to Go at Wedgewood	10 12:00 Women at the Well 6:30 Woman's Bible Study	11 10:00 Staff Meeting	12 6:00 NRC Dinner at Samuel's 6:00 Chapel Choir 7:00 Chancel Choir 7:00 AA/AL-ANON	13 7:00 AA/AL-ANON	14 4:00 Hyland/Macfarlane Wedding	15 22
16 Second Sunday after Pentecost 8:30 Service of Holy Communion 10:30 Service of Holy Communion 10:30 Sunday School/Nursery 11:45 Coffee Hour 12:00 Marty Bauer Play Meeting	17 6:00 Executive Meeting	18 10:00 Staff Meeting 5:30 Sue's Supper	19 6:00 Wedding Rehearsal 7:00 AA/AL-ANON	20 6:00 Council Picnic	21 26 10:00 Staff Meeting 5:30 Sue's Supper	22 29
23 Third Sunday after Pentecost 8:30 Service of Holy Communion 10:30 Service of Holy Communion 10:30 Sunday School/Nursery 11:45 Coffee Hour	24 6:00 Council Picnic	25 6:00 Council Picnic	26 10:00 Staff Meeting 5:30 Sue's Supper	27 6:00 Council Picnic	28 4:00 Hyland/Macfarlane Wedding	29
30 Third Sunday after Pentecost 8:30 Service of Holy Communion 10:30 Service of Holy Communion 10:30 Sunday School/Nursery 11:45 Coffee Hour						



Confirmation Sunday

Pentecost Sunday is Confirmation Sunday!!! Pentecost Sunday is June 9! Color of the Day is Red. Join us as we celebrate the birth of the Christian Church and the power of the Holy Spirit! We will also confirm two of our young people on Pentecost at the 10:30 service. Please come and support our young people as they affirm their baptism and become confirmed members of Holy Trinity!



OUR CHURCH PAPER
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