

Life Transitions *2*

A workshop to help you prepare for the future with Faith & Confidence

Preparation and acceptance for life's changes
takes time and thought.
Together, let's explore the transition
toward the end of our lives.

Holy Trinity Lutheran Church
1080 Main St.
Buffalo, NY 14209
716-886-2400
www.HolyTrinityBuffalo.org
www.Facebook.com/HolyTrinityBuffalo

Join Us

March 29, 2025 from 8:30 am - 1:30 pm

Suggested donation: \$5.00

Registration: Due by March 26

- By phone (716)-886-2400
- Online using the QR code or at www.HolyTrinityBuffalo.org/lifetransitions
- By Paper form available at church

Schedule

Time	Event
8:30a - 9:00a	Registration and Gathering (Bell Tower Entrance)
9:00a - 9:20a	Welcome and Introduction (Redeemer Hall)
9:30a - 10:20a	Session 1
10:30a - 11:20a	Session 2
11:30a - 12:20p	Session 3
12:30p - 1:30p	Panel Discussion and Lunch (Redeemer Hall)

Workshop Sessions

Cemetery Planning - Tom Brunner represents St. John's Lutheran Cemetery. St. John's was established in 1859 and welcomes all faiths and funeral traditions.

Funeral Planning - Anne Dobmeier from John Roberts Funeral Home

Elderlife Real Estate Services - Michael Olear is a licensed Associate Real Estate Broker with Olear Team/MJ Peterson Real Estate. His team works within Erie and Niagara Counties helping with specialized services for older adults and their caregivers.

Handling Grief - Carol Griesmann has been a Licensed Clinical Social Worker for 35 years. She has been a Social Worker/Therapist at many local hospitals and clinical facilities and has also served as a Grief Counselor at Life Transitions Ctr./Hospice and Palliative Care

